

GASTROBAR EVENING

APPETISERS



DUNMORE EAST SEAFOOD CHOWDER - €7

Served with Daily Baked Brown Bread

HOMEMADE SOUP OF THE DAY - €5

Served with Daily Baked Brown Bread

HOMEMADE CHICKEN LIVER PATE - €8

Served en Croute with a Redcurrant, Port & Orange Compote

CRISPY CHICKEN WINGS - €8/€14

Served with Celery Sticks & Blue Cheese Dip

Choice of BBQ / Hot / Atomic

CLASSIC CAESAR SALAD - €7

Baby Gem Lettuce, Warm Bacon Bits, Toasted Pine Nuts in a Traditional Caesar Dressing, Topped with Parmesan Shavings

WITH CHICKEN - €9

POACHED PEAR SALAD - €9

Mixed Leaves, Diced Beetroot, Feta Cubes, Walnut Dressing

ASIAN STYLE CHICKEN SALAD - €9

Shredded Chicken, Mixed Leaves, Chili & Soy Dressing

SALT & PEPPER CALAMARI - €9

Served with Garlic Aioli & Sweet Chili Dips

SEAFOOD SELECTION



METAL MAN BEER BATTERED COD - €15

Fresh Cod in a Crispy Metalman Beer Batter, Served with Twice Cooked Chips, Mushy Peas & Homemade Tartar Sauce

MILD CURRIED CRAB BAKE - €17

White Crab Meat bound in a light Curried Sauce with Poached Pear, Baked until golden. Served with a Crispy Poppadum & Twice Cooked Chips

STEAMED DUNMORE EAST MUSSELS - €16

Served in a traditional Mussel Pot in a Black Bean & Ginger Sauce. Served with Twice Cooked Chips

WILD COPPER COAST SEAFOOD PIE - €16

A Selection of Fresh Seafood Cooked in a White Wine & Dill Cream Sauce, Topped with a Potato & Cheese Crust, Baked until Golden and Served with Daily Baked Bread

DAILY FRESH FISH SPECIAL - MARKET PRICE

Please ask your Server for more details

GRILL & MAIN COURSE



10oz PRIME IRISH SIRLOIN STEAK - €23

Cooked to your liking. Served with Mushrooms, Onion Rings, Peppercorn Sauce & Twice Cooked Chips

MILD MADRAS CHICKEN CURRY - €14

Chicken Pieces, Onions & Peppers in a Mild Madras Curry Sauce, Served with a Crispy Poppadum & your choice of Steamed White Rice or Twice Cooked Chips

VEGETARIAN OPTION AVAILABLE

GOURMET IRISH BEEF BURGER - €14

With Bacon, Homemade Onion Rings, Topped with Cheddar Cheese, Stacked High in a Crispy Bun. Served with Twice Cooked Chips

SUPREME OF CHICKEN - €15

With a Spring Onion, Smoked Bacon & Potato Stuffing in a Madeira Gravy. Served with Seasonal Vegetables & Potatoes

TAGLIATELLE CARBONARA - €14

With Pulled Ham, Sautéed Mushrooms & Topped with Parmesan

VEGETARIAN OPTION AVAILABLE

SIDE ORDERS €3.50 EACH



TWICE COOKED CHIPS

BEER BATTERED ONION RINGS

CREAMY MASH POTATO

SEASONAL VEG

HOUSE SALAD

GARLIC BREAD

- Our Meat, Seafood & Vegetables are locally sourced.
- Please inform your Server of any special dietary requirements.
- All our food is cooked to order, so please allow for adequate cooking times,

HOMEMADE DESSERTS



APPLE CRUMBLE - €5
With Vanilla Ice Cream

TIRAMISU - €5
With a Mini Irish Coffee

THE REG MESS - €5
Meringue, Pears, Cream, Chocolate
Chip Muffin & Cream Anglaise

SELECTION OF ICE CREAM - €5

KIDS MENU



MEAL DEAL - €9.00
(Starter, Main, Dessert & Drink)

Starter - €2.90

SOUP OF THE DAY

With Daily Baked Brown Bread

HOMEMADE GARLIC BREAD

Main Course - €5.00

KIDS SEAFOOD PIE

MINI FISH & CHIPS

with Chips or Potato & Veg

CHICKEN GOUJONS

with Chips or Potato & Veg

KIDS BEEF BURGER

with Chips or Potato & Veg

PENNE PASTA

with Tomato or Cream Sauce

PORK SAUSAGES

with Chips or Potato & Veg

Dessert - €2.00

2 SCOOPS OF ICE CREAM

Drinks - €1.00

KIDS CODIAL

GLASS OF MILK

WHITE WINES



SIETE SOLES SAUVIGNON BLANC - €5.50/€23
Chile

TRULLI PINOT GRIGIO - €6/€23
Italy

TWIN RIVERS CHARDONNAY - €6/23
Australia

FALSE BAY CHENIN BLANC - €23
South Africa

TOURAIN SAUVIGNON - €29
France

TRIMBACH RIESLING - €32
France

BAGO AMEARELO ALBARINO - €32
Spain

ONE TREE SAUVIGNON BLANC - €32
New Zealand

RED WINES



SIETE SOLES CABERNET - €5.50/€23
Chile

LES OLIVIERS MERLOT - €5.50/€23
France

TWIN RIVERS SHIRAZ - €6/23
Australia

RIOJA BARDESANO - €7/€32
Spain

DOMAINE BOSQUET MALBEC - €27
Argentina

IL BUCCO MONTEPULCIANO - €27
Italy

- Full Wine Menu Available
- Full Selection of Specialty Teas, Coffees and After Dinner Drinks available

LIGHT OPTIONS



DUNMORE EAST SEAFOOD CHOWDER - €7

Served with Daily Baked Brown Bread

HOMEMADE SOUP OF THE DAY - €5

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CRISPY CHICKEN WINGS - €8/€14

Served with Celery Sticks & Blue Cheese Dip
Choice of BBQ / Hot / Atomic

CLASSIC CAESAR SALAD - €7

Baby Gem Lettuce, Warm Bacon Bits, Toasted Pine Nuts in a Traditional Caesar Dressing, Topped with Parmesan Shavings
WITH CHICKEN - €8

POACHED PEAR SALAD - €8

Mixed Leaves, Diced Beetroot, Feta Cubes, Walnut Dressing

ASIAN STYLE CHICKEN SALAD - €8

Shredded Chicken, Mixed Leaves, Chili & Soy Dressing

SALT & PEPPER CALAMARI - €9

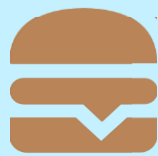
Served with Garlic Aioli & Sweet Chili Dips

EXPRESS LUNCH

Cup of Soup or Chowder
Toasted Special or Chicken Caesar Wrap
And Tea or Coffee or Mineral

€10

GOURMET SANDWICHES



CLUB SANDWICH - €10

Chicken, Bacon, Lettuce, Red Onion, Cheddar Cheese, Topped with a Fried Egg

BBQ PULLED PORK BAP - €11

Pulled Pork coated with a tangy Homemade BBQ Sauce, Topped with Lightly Grilled Cheese & Stuffed in a Crispy Bap

STEAK BLAAGUETTE - €12

6oz Sirloin Steak, cooked to your liking, Served on a lightly grilled 'Blaaguettes' with Horseradish Butter, Sautéed Onions

CHICKEN CAESAR WRAP - €10

Baby Gem Lettuce, Bacon Bits, Toasted Pine Nuts, Chicken Strips with Parmesan Shavings in a Crispy Wrap

ALL GOURMET SANDWICHES SERVED WITH TWICE COOKED CHIPS

MAIN COURSE



METAL MAN BEER BATTERED COD - €14

Served with Twice Cooked Chips, Mushy Peas, Homemade Tartar Sauce

WILD COPPER COAST SEAFOOD PIE - €15

A Selection of Fresh Seafood Cooked in a White Wine & Dill Cream Sauce & Topped with a Potato & Cheese Crust

MILD MADRAS CHICKEN CURRY - €12

Chicken Pieces, Onions & Peppers in a Mild Madras Curry Sauce, Served with a Crispy Poppadum and your choice of Steamed White Rice or Twice Cooked Chips

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TAGLIATELLE CARBONARA - €13

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SIDE ORDERS

€3.50 EACH



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