




The Reg Evening Menu

STARTERS

Soup of the Evening (V)	€5	Spicy Chicken Wings	€8/13
Homemade Guinness Brown Bread		in Hot & Spicy Tomato Sauce, Blue Cheese Dip and Fresh Celery	
Dunmore East	€7	 Pair it with Franciscan Well Rebel Red complements rich, spicy and smoked foods	
Fresh Seafood Chowder		Steamed Mussels (GF)	€8/14
Homemade Guinness Brown Bread		In a Chorizo Cream Sauce	
Carlingford Lough Oysters	€12	Prawn Tempura	€9/15
Served fresh with Lemon & Tabasco or Grilled herb crumb & crunchy bacon		with a fragrant Thai dip of soy sauce sesame oil, coriander & lime juice	
 Pair with a glass of Guinness Porter		Pulled Pork Croquettes	€8/14
Crisp Caesar Salad (V)	€7	with an apple sauce centres	
Cos salad tossed in Homemade Caesar Dressing, Ciabatta Crostini		 Pair with Tempted? Armagh Craft Cider this dry cider will balance the apple sweetness	
Add Chargrilled Chicken	€8/12		

MAINS - from the SEA

Viking Triangle Seafood Pie	€14
Filled with fresh Salmon, Smoked Haddock & Cod in a Dill Cream Sauce Topped with mash Potatoes and Cheddar Cheese, mixed leaves salad	
Metalman Fish & Chips	€14
Served with a Pea Puree, Homemade Tartar Sauce & Handcut Fries	
 Pair with a pint of Dungarvan Blonde Helvic Gold the citrus of the cascade hops marries with fish	
Strongbow's Seafood Platter (GF)	€22
Carlingford Oysters, Mussels Smoked & Poached Salmon Dressed White Crab meat served with Guinness Brown Bread	
Spaghetti al Granchio	€15
<i>(Gluten Free on request)</i> Crab Meat, in a Cream, Chilli & Lemon Zest Sauce, topped with fresh Rocket	

~ ASK FOR OUR DAILY

FISH & SEAFOOD SPECIALS ~

MAINS - from the LAND

Inside-Out Cheese Burger	€14
Freshly prepared beef burger filled with Kilmeaden Cheese or Cashel Blue In a Blaa with Rocket and Handcut Fries	
 Pair with Franciscan Well Chieftain IPA Ask for the Chief, it won't disappoint	
Rigatoni Carbonara	€13
<i>(Vegetarian & GF option available)</i> Pulled Waterford Ham, Sauté Mushrooms, Cream Sauce & Parmesan Cheese	
10 oz Rib Eye Steak	€22
Black Pepper Sauce or Garlic Butter, Sauté Mushrooms, Onion Rings & Fries	
Retró Fried Chicken Supreme	€14
Apple & Carrot Slaw, Wasabi Mayo Handcut Fries	
Mild Madras Chicken Curry	€14
<i>(available as Vegetarian)</i> Served on a bed of Basmati Rice Sweet Mango Chutney, Cool Cucumber Pickle & Crispy Poppadum	

SIDES

Hot & Spicy House Onion Rings	€4
Homemade Apple & Carrot Slaw	€3
Hand Cut Skinny Fries	€3
Mixed Leaves Garden Salad	€3

Monday to Thursday 5 pm to 9 pm

Two Courses for €18

Add a dessert for €22

Oysters, Rib Eye or Seafood Platter €5 supp.

Ask your Server for our "Afters" Menu